

Sources of Utilization Management Criteria for GEHA’s Elevate and Elevate Plus plans *and* PSHB (Postal Service Health Benefits) Elevate and Elevate Plus plans for 2025

Refer to the back of your member ID card under the heading “Prior Authorization” for contact information.

Type of Service	Contracted Entity	Sources of Utilization Management Criteria for Medical Necessity Determination
<p><i>Applied Behavioral Analysis (ABA) Therapy</i></p>	<p>United Healthcare Clinical Services</p>	<p>In order of hierarchy as applicable:</p> <ol style="list-style-type: none"> 1. Federal Mandates 2. GEHA Plan Brochure 3. InterQual 4. UHC Coverage Determination Guidelines, Optum Behavioral Health 5. GEHA Clinical Coverage policies 6. Expert Medical Review 7. Evidence-based clinical criteria, and nationally recognized evidence-based guidelines
<ul style="list-style-type: none"> • <i>Back and Spinal Pain Management & Surgery</i> • <i>Genetic Testing</i> • <i>Medical/Surgical Facilities for Inpatient Hospitalization:</i> <ul style="list-style-type: none"> ○ <i>Acute Inpatient</i> ○ <i>Acute Rehabilitation Facility (ARF)</i> ○ <i>Long-Term Acute Care (LTAC)</i> ○ <i>Skilled Nursing Facility (SNF)</i> • <i>Oncology Radiation</i> • <i>Radiology</i> • <i>Transplant</i> • <i>*All other surgeries, treatments, services, & supplies.</i> 	<p>United Healthcare Clinical Services</p>	<p>In order of hierarchy as applicable:</p> <ol style="list-style-type: none"> 1. Federal Mandates 2. GEHA Plan Brochure 3. GEHA Coverage Policy 4. UHC Medical Policy (Medicare LCD for DME as directed by UHC Medical Policy) 5. UHC Coverage Determination guidelines. 6. InterQual: use subset as directed by UHC Medical Policies. 7. InterQual 8. NCCN (oncology radiation)

Behavioral Health (Mental Health and Substance Use Disorder)

Facilities & Treatment:

- *Acute Inpatient (MH & SUD)*
- *Inpatient Residential Treatment Center (RTC) (MH & SUD)*
- *Intensive Outpatient Programs (IOP)*
- *Neuropsychological Testing*
- *Partial Hospitalization Programs (PHP)*

United Healthcare
Clinical Services

In order of hierarchy as applicable:

1. Federal Mandates
2. GEHA Plan Brochure
3. Externally developed, evidence-based criteria such as but not limited to: InterQual, American Society of Addiction Medicine, LOCUS, CALLOCUS-CASII, ECSII depending on age and BH or SUD admission.
4. Internally developed policies including: UHC Coverage Determination Guidelines, Optum Behavioral Health Clinical Policy, GEHA Clinical Coverage Policies
5. Expert Medical Review
6. Objective, evidence-based clinical criteria, and nationally recognized evidence-based guidelines
7. Claims data analysis

Infertility

Progyny

In order of hierarchy:

1. GEHA Plan Brochure
2. GEHA Coverage Policy
3. American Society of Reproductive medicine (ASRM)

*Oncology:
Outpatient Non-Surgical
Chemotherapy*

OncoHealth

In order of hierarchy:

1. Federal Mandates
2. GEHA Plan Brochure
3. GEHA Coverage policy
4. NCCN Drugs & Biologics Compendium® (Category 1 and 2a)
5. FDA labeling
6. Clinical Pharmacology (Strong For)
7. American Hospital Formulary Service Drug Information (AHFS DI) (Level 1)
8. Thompson Micromedex DrugDex® (Class I and IIa)
9. Wolters Kluwer Lexi-Drugs® (Level A)
10. Peer-reviewed articles from one of the following journals: American Journal of Medicine; Annals of Internal Medicine; Annals of Oncology; Annals of Surgical Oncology; Biology of Blood and Marrow Transplantation; Blood; Bone Marrow Transplantation; British Journal of Cancer; British Journal of Hematology; British Medical Journal; Cancer; Clinical Cancer Research; Drugs; European Journal of Cancer (formerly the European Journal of Cancer and Clinical Oncology); Gynecologic Oncology; International Journal of Radiation, Oncology, Biology, and Physics; JAMA Oncology, The Journal of the American Medical Association, Journal of Clinical Oncology; Journal of the National Cancer Institute; Journal of the National Comprehensive Cancer Network (NCCN);

		Journal of Urology; Lancet; Lancet Oncology; Leukemia; The New England Journal of Medicine; New England Journal of Medicine: Evidence, Radiation Oncology
<i>Pharmacy</i>	CVS/Caremark	<p>In order of hierarchy:</p> <ol style="list-style-type: none"> 1. The Standard of Care per clinical literature 2. FDA labeling 3. Specialty societies 4. External clinical experts
<i>Radiology-High Tech Imaging (*prior to 1/1/2025)</i>	eviCore	<p>In order of hierarchy:</p> <ol style="list-style-type: none"> 1. Federal Mandates 2. GEHA Plan Brochure 3. eviCore Coverage Policy-created from nationally accepted standards from professional society recommendations, peer-reviewed literature, and subject-matter experts