Maternity Health Rewards

You can earn Health Rewards points when you visit your physician within the first trimester of your pregnancy. A first-trimester doctor visit is the foundation for effective prenatal care and can help ensure mother and baby's good health in the important early stages of pregnancy.

After you have scheduled your appointment, follow these simple instructions to earn 100 Health Rewards points:

1) If you haven't already, enroll in the GEHA Health Rewards program at **healthbalance.geha.com**. While you're there, complete the quick and easy online Health Assessment to earn a $75 GEHA Health*Balance* prepaid MasterCard that can be used for qualified out-of-pocket medical expenses.

2) Take this form to your first-trimester doctor appointment for your doctor to complete.

3) Have your doctor fax the completed form to **816.257.3255**. Once we get your form, we'll award you 100 Health Rewards points*.

Member name: _____

GEHA ID number: _____

Member email: _____

Expected date of delivery: _____

Date of first doctor visit: _____

Physician's name: _____

Doctor's signature: _____

Congratulations on your pregnancy and for earning 100 Health Rewards points!

*Please allow six weeks to receive email notification that your points have been awarded.

healthbalance.geha.com
877.927.1112
/GEHAhealth

GEHA Health*Balance*