

# Clinical Guidelines

## Major Depression: Adult



The Benefits of Better Health

The following practice guideline outlines the diagnosis and management of major depression per the American Psychiatric Association. This material can be accessed at the website below.

**Please note:**

Specific coverage decisions are based upon plan document language in the GEHA Member Brochure.

Practice Guideline For The Treatment of Patients With Major Depressive Disorder, Third Edition.

[http://psychiatryonline.org/pb/assets/raw/sitewide/practice\\_guidelines/guidelines/mdd.pdf](http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf)

Treatment of Patients with Major Depressive Disorder, American Psychiatric Association Practice Guidelines, 2010.

<https://online.epocrates.com/diseases/5536/Depression-in-adults/Diagnostic-Criteria>

Depressive Disorder, McInnis, MG, et al, Chapter 11 in The American Psychiatric Publishing Textbook of Psychiatry, Ed by Hales, RE et al, American Psychiatric Association, 2014.

<https://psychiatryonline.org/doi/book/10.1176/appi.books.9781585625031>

Major Depressive Disorder, DSM-5, APA Press, 2014.

<https://online.epocrates.com/diseases/5536/Depression-in-adults/Diagnostic-Criteria>

Origination Date: Dec. 2016

Peer Review Date: Nov. 2018

Next Review Date: Dec. 2019

geha.com

