

# GEHA

Government Employees Health Association

### 2024 GEHA Medicare benefits

Learn how GEHA's medical plans work with your Medicare benefits.

### **NEW for 2024**

**GEHA Medicare Advantage Plans** 



geha.com 833.362.GEHA (4342)

# Get help choosing the right plan

Contact a FedViser benefits expert today. Your benefits. Your adviser. Your advocate.



Meet one-on-one with a FedViser benefits expert to help answer your questions

geha.com/Connect



#### Chat online

Chat or text with a FedViser benefits expert in real time Monday–Friday, 7 a.m.–7 p.m. Central time.

geha.com



#### Call us

Talk to a FedViser benefits expert Monday–Friday, 7 a.m.–7 p.m. Central time. 833.362.GEHA (4342)

# Tools to help you find the right plan for your needs



#### Plan recommender tool

Answer a few questions to see a plan that matches your individual or family needs.

geha.com/Select-A-Plan



### **Compare plans**

Easily compare GEHA's medical plans. geha.com/CompareMedical

For more information about FEHB plans, visit the U.S. Office of Personnel Management at <a href="https://open.gov/Healthcare-Insurance">opm.gov/Healthcare-Insurance</a>

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# 86 years. 2 million members.

- We serve 2 million federal employees, retirees and their families
- We believe health care should be affordable
- We believe you can achieve better health
- We make it easy for you to work with us
- We care for the communities where our members live and work

**For more than 86 years,** GEHA (Government Employees Health Association) has provided medical plans designed exclusively for federal employees. Founded by Railway Postal employees in 1937, we have a legacy of service to federal workers. We seek to be the first choice for federal workers and retirees of both.

### **GEHA** makes it easy to explore plan options best for you:

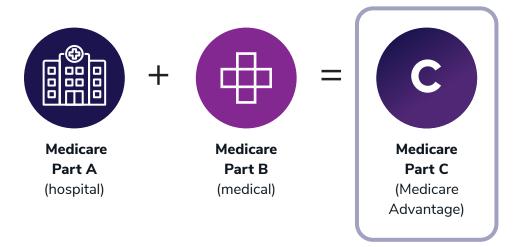
- View the full plan brochure for specific plan details at geha.com/PlanBrochure
- Visit geha.com to walk through our plans online
- Make the switch to GEHA by visiting with your employer or see <u>opm.gov</u> for info on enrollment



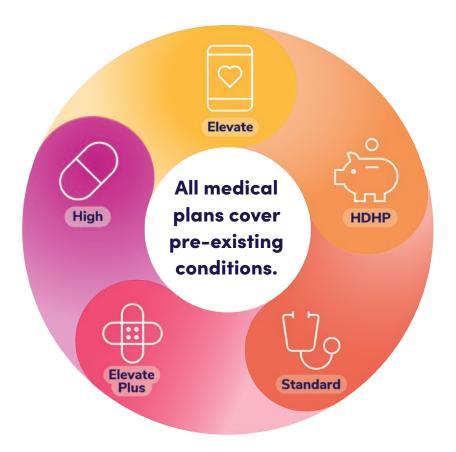
# Now that you're 65, let's get to work

Medicare is federal health insurance available for eligible individuals ages 65 and over or individuals under 65 with certain disabilities and medical conditions. Medicare has different parts (referred to as Parts A, B, C and D) designed to address your health care needs.

GEHA offers our medical plans as supplemental (extra) coverage for what traditional Medicare may not cover.







### **Enrollment types:**

### **Self Only**

Covers the enrollee and no one else



#### Self Plus One

Covers the enrollee and one eligible family member



### **Self and Family**

Covers the enrollee and eligible family including eligible dependents up to age 26



### Get to know GEHA

### I already have Medicare. What can GEHA do for me?

Quite a bit. GEHA has three plans that provide **100%** coverage for those with Medicare Parts A and B including waiving deductibles, copays and coinsurance. Our High medical plan even provides an annual **\$1,000** Medicare Part B premium reimbursement. To determine what coverage works best for you, visit **geha.com/Medicare** 

### If I become a GEHA member, can I keep my current provider?

With three plans that provide **100%** coverage for those with Medicare Parts A and B, if your provider accepts Medicare, you can keep that provider.

### Is my spouse also covered through GEHA?

Yes. GEHA provides options for Self Only, Self Plus One and Self and Family plans.

### When is Open Season for enrolling in 2024 benefits?

Open Season begins on Monday, November 13, and concludes on Monday, December 11, 2023. Coverage is effective January 1, 2024.

### What does Medicare Advantage cover?

Medicare Advantage (Part C) covers all components of Medicare Parts A and B, with additional benefits from GEHA for Medicare Part D (prescription drug coverage). With GEHA plans, the member pays the Medicare Part B premium and the FEHB plan premium for the Standard or High plan. There is no additional Medicare Advantage premium!

# When is Open Season for 2024 benefits? Monday, November 13—Monday, December 11

**COVERAGE IS EFFECTIVE IN JANUARY 2024** 





# GEHA works with Medicare Parts A and B

With a GEHA medical plan to supplement your Medicare coverage, a sudden hospital stay, a prolonged illness or a major surgical procedure won't overwhelm your budget.

### Learn more at geha.com/Medicare

**GEHA Standard and High medical plans work best with Medicare Parts A and B.** They can pair with a GEHA Medicare Advantage Plan for additional benefits for no additional premium.

|  |                            |                         | C.                          |                                 | <b>Ø</b>                |
|--|----------------------------|-------------------------|-----------------------------|---------------------------------|-------------------------|
| Plan service   | Elevate<br>and<br>Medicare | HDHP<br>and<br>Medicare | Standard<br>and<br>Medicare | Elevate<br>Plus and<br>Medicare | High<br>and<br>Medicare |
| <b>\$1,000</b> Medicare Part B premium reimbursement   |                            |                         |                             |                                 | ✓                       |
| 100% medical coverage<br>(copays and deductibles<br>waived) with Medicare<br>Parts A & B primary |                            |                         | ✓                           | ✓                               | ✓                       |
| Hearing aid benefit <sup>1</sup>   |                            |                         | ✓                           | ✓                               | ✓                       |
| Coverage for in-network and out-of-network care <sup>2</sup>                                     | ✓                          | ✓                       | ✓                           | ✓                               | ✓                       |
| Coverage for care outside of the United States   | <b>√</b>                   | <b>√</b>                | ✓                           | ✓                               | ✓                       |
| Non-preferred<br>drug coverage <sup>3</sup>  |                            | ✓                       | ✓                           | ✓                               | ✓                       |
| Mail service pharmacy  |                            | ✓                       | ✓                           | ✓                               | ✓                       |
| Choice of plan perk <sup>4</sup>   | ✓                          |                         |                             |                                 |                         |

<sup>1</sup> Learn more about hearing aid benefits at **geha.com/Hearing** 

<sup>2</sup> Though the Elevate Plus plan on its own does not provide out-of-network medical coverage, when it's combined with Medicare and the provider accepts Medicare assignment, out-of-network cost shares are waived. There are no out-of-network pharmacy benefits for Elevate and Elevate Plus.

<sup>3</sup> With High plan, when Medicare A & B is primary, you pay a lower coinsurance for preferred and non-preferred brand medications.

<sup>4</sup> These products and services are neither offered nor guaranteed under contract with the FEHB Program but are made available to eligible Subscribers who become members of the GEHA Elevate medical plan. Only Subscribers in the 50 United States and the District of Columbia are eligible at this time.

### GEHA and Medicare EyeMed® vision discounts

|  |                                  | U. O                      | <b>É</b>   |
|--|----------------------------------|---------------------------|--|
| Vision services in-network                       | Elevate and Elevate Plus you pay | Standard and High you pay | HDHP<br>you pay                                    |
| Annual eye exam                                  | \$0                              | \$5                       | \$5  |
| Frames   | <b>60%</b> of price              | <b>60%</b> of price       | <b>\$0</b> under \$100 plus <b>80%</b> over \$100  |
| Eyeglass lenses, standard plastic, single vision | Up to <b>\$50</b>                | Up to <b>\$50</b>         | \$10   |
| Contact lens, conventional                       | 85% of price                     | <b>85%</b> of price       | <b>\$10</b> under \$110 plus <b>85%</b> over \$100 |

These benefits are neither offered nor guaranteed under contract with the FEHB Program but are made available to all Enrollees who become members of a GEHA medical plan and their eligible family members.

To learn more, visit <u>geha.com/Vision</u>
The HDHP plan includes additional vision benefits. Learn more: <u>geha.com/HDHPVision</u>



### Standard and Medicare

geha.com/Standard



Traditional coverage with affordable premiums

### NEW for 2024: Pair with a GEHA Medicare Advantage Plan for additional benefits for no additional premium



You pay **\$0** for inpatient and outpatient hospital services, surgeries and office visits



\$2,500 hearing aid benefit and additional discount

| Premium and enrollment code | Retired – monthly |
|-----------------------------|-------------------|
| 314 Self Only               | \$151.99          |
| 316 Self Plus One           | \$326.79          |
| 315 Self and Family         | \$403.76          |

These rates do not apply to all Enrollees. If you are in a special enrollment category, please refer to the FEHB Program website or contact the agency or Tribal Employer which maintains your health benefits enrollment.

# A good choice for Medicare A and B primary members who take generic prescriptions

- You pay \$0 for deductibles, copays and coinsurance, whether your provider is in-network or out-of-network, even outside the United States
- Adults ages 18 and over can earn up to \$250 (maximum \$500 per household) per year in Health Rewards. geha.com/HealthRewards

| Yearly deductible with Medicare A & B primary <sup>1</sup> | You pay |
|--|---------|
| Self Only  | \$0     |
| Self Plus One or Self and Family                           | \$0     |

1 In-network providers agree to limit what they will charge you. You pay a fixed dollar amount or a percentage of the provider's negotiated amount.

| Out-of-pocket maximum in-network <sup>1,2</sup> | You pay  |
|---|----------|
| Self Only                                       | \$6,500  |
| Self Plus One or Self and Family                | \$13,000 |

<sup>1</sup> In-network providers agree to limit what they will charge you. You pay a fixed dollar amount or a percentage of the provider's negotiated amount.

<sup>2</sup> The out-of-pocket maximum is the maximum amount of coinsurance, copays and deductibles you pay for all family members before GEHA begins paying for 100% of covered services. This is a combined maximum for both medical care and prescriptions.

| Medical benefits with Medicare A & B primary in-network <sup>1,2</sup>               | You pay |
|--|---------|
| Unlimited telehealth visits, including mental health, with MDLIVE                    |         |
| Preventive care; adult routine screenings  |         |
| Labs, X-rays and other diagnostic services   |         |
| MinuteClinic® visit where available  |         |
| Primary care physician office visit  |         |
| Mental health office visit   | \$0     |
| Specialist care office visit   | 30      |
| Urgent care facility visit   |         |
| ER visit   |         |
| Hospital care; inpatient and outpatient  |         |
| Professional surgical services; inpatient and outpatient                             |         |
| Chiropractic care (manipulative therapy), including X-rays; up to 20 visits per year |         |
| Vision coverage; eye exam <sup>3</sup>   | \$5     |
| Preventive dental care, twice yearly   | 50%     |

<sup>1</sup> In-network providers agree to limit what they will charge you. You pay a fixed dollar amount or a percentage of the provider's negotiated amount.

<sup>3</sup> These benefits are neither offered nor guaranteed under contract with the FEHB Program but are made available to all Enrollees who become members of a GEHA medical plan and their eligible family members.

| Prescription benefits in-network <sup>1,2</sup>                 | You pay                                      |
|---|--|
| 30-day retail generic   | \$10   |
| 30-day retail preferred brand-name                              | <b>40%</b> (\$250 max³)                      |
| 30-day retail non-preferred brand-name                          | <b>60%</b> (\$350 max³)                      |
| 90-day mail service generic                                     | \$20   |
| 90-day mail service preferred brand-name                        | <b>40%</b> (\$550 max³)                      |
| 90-day mail service non-preferred brand-name                    | <b>60%</b> ( <b>\$650</b> max <sup>3</sup> ) |
| 30-day specialty CVS exclusive generic and preferred brand-name | <b>50%</b> ( <b>\$250</b> max <sup>3</sup> ) |
| 30-day specialty CVS exclusive non-preferred brand-name         | <b>50%</b> (\$400 max³)                      |

<sup>1</sup> In-network providers agree to limit what they will charge you. You pay a fixed dollar amount or a percentage of the provider's negotiated amount.

<sup>2</sup> With Medicare A & B primary, go to any provider that accepts Medicare assignment.

 $<sup>2\;\</sup>text{Refer to } \underline{\text{\textbf{geha.com/Prescriptions}}} \text{ for formulary and specialty coverage for specific medications.}$ 

<sup>3</sup> If you choose a brand-name medication when a generic is available, you will be charged the generic copay plus the difference in cost between the brand-name and the generic.

### High and Medicare

geha.com/High



The dependable plan for people who need maximum coverage

### NEW for 2024: Pair with a GEHA Medicare Advantage Plan for additional benefits for no additional premium



You pay **\$0** for inpatient and outpatient hospital services, surgeries and office visits



\$2,500 hearing aid benefit and additional discount

| Premium and enrollment code | Retired – monthly |
|-----------------------------|-------------------|
| 311 Self Only               | \$235.41          |
| 313 Self Plus One           | \$540.95          |
| 312 Self and Family         | \$663.56          |

These rates do not apply to all Enrollees. If you are in a special enrollment category, please refer to the FEHB Program website or contact the agency or Tribal Employer which maintains your health benefits enrollment.

### Comprehensive brand-name and specialty prescription coverage

- \$1,000 Medicare Part B premium reimbursement for Self Only.
- You pay **\$0** for deductibles, copays and coinsurance, whether your provider is in-network or out-of-network, even outside the United States
- Adults ages 18 and over can earn up to \$250 (maximum \$500 per household) per year in Health Rewards. geha.com/HealthRewards

| Yearly deductible with Medicare A & B primary <sup>1</sup> | You pay |
|--|---------|
| Self Only  | \$0     |
| Self Plus One or Self and Family                           | \$0     |

<sup>1</sup> In-network providers agree to limit what they will charge you. You pay a fixed dollar amount or a percentage of the provider's negotiated amount.

| Out-of-pocket maximum in-network <sup>1,2</sup> | You pay  |
|---|----------|
| Self Only                                       | \$5,000  |
| Self Plus One or Self and Family                | \$10,000 |

<sup>1</sup> In-network providers agree to limit what they will charge you. You pay a fixed dollar amount or a percentage of the provider's negotiated amount.

<sup>2</sup> The out-of-pocket maximum is the maximum amount of coinsurance, copays and deductibles you pay for all family members before GEHA begins paying for 100% of covered services. This is a combined maximum for both medical care and prescriptions.

| Medical benefits with Medicare A & B primary in-network <sup>1,2</sup>               | You pay   |
|--|---|
| Unlimited telehealth visits, including mental health, with MDLIVE                    |   |
| Preventive care; adult routine screenings  |   |
| Labs, X-rays and other diagnostic services   |   |
| MinuteClinic® visit where available  |   |
| Primary care physician office visit  |   |
| Mental health office visit   |   |
| Specialist care office visit   | \$0   |
| Urgent care facility visit   |   |
| ER visit   |   |
| Hospital care; inpatient and outpatient  |   |
| Professional surgical services; inpatient and outpatient                             |   |
| Chiropractic care (manipulative therapy), including X-rays; up to 20 visits per year |   |
| Vision coverage; eye exam³   | \$5   |
| Preventive dental; twice yearly  | <b>Balance</b> after<br>GEHA pays <b>\$22</b> per visit |

<sup>1</sup> In-network providers agree to limit what they will charge you. You pay a fixed dollar amount or a percentage of the provider's negotiated amount.

<sup>3</sup> These benefits are neither offered nor guaranteed under contract with the FEHB Program but are made available to all Enrollees who become members of a GEHA medical plan and their eligible family members.

| Prescription benefits in-network <sup>1,2</sup>                 | You pay  |
|---|--|
| 30-day retail generic   | <b>\$10</b> <sup>3</sup>                       |
| 30-day retail preferred brand-name                              | <b>20%</b> ( <b>\$150</b> max <sup>3,4</sup> ) |
| 30-day retail non-preferred brand-name                          | <b>35% (\$200</b> max <sup>3,4</sup> )         |
| 90-day mail service generic                                     | \$15   |
| 90-day mail service preferred brand-name                        | <b>15%</b> ( <b>\$350</b> max <sup>4</sup> )   |
| 90-day mail service non-preferred brand-name                    | <b>30%</b> (\$500 max <sup>4</sup> )           |
| 30-day specialty CVS exclusive generic and preferred brand-name | <b>15%</b> ( <b>\$150</b> max <sup>4</sup> )   |
| 30-day specialty CVS exclusive non-preferred brand-name         | <b>30%</b> ( <b>\$200</b> max <sup>4</sup> )   |

<sup>1</sup> In-network providers agree to limit what they will charge you. You pay a fixed dollar amount or a percentage of the provider's negotiated amount.

<sup>2</sup> With Medicare A & B primary, go to any provider that accepts Medicare assignment.

<sup>2</sup> Refer to **geha.com/Prescriptions** for formulary and specialty coverage for specific medications.

<sup>3</sup> Costs for initial prescription and first refill. You pay 50% for third and additional refills at retail for 30-day supply. For long-term prescriptions, use mail order or your local retail CVS Pharmacy store (90-day supply) for greater cost savings.

<sup>4</sup> If you choose a brand-name medication when a generic is available, you will be charged the generic copay plus the difference in cost between the brand-name and the generic.

## **GEHA Medicare Advantage Plans**<sup>1</sup>

Starting in 2024, GEHA is offering Medicare Advantage Plans through UnitedHealthcare, a UnitedHealthcare<sup>®</sup> GEHA Group Medicare Advantage (PPO) Plan.

We are committed to bringing choice and value to our members through our health plan offerings. It is an honor to serve our retirees, that's why these exclusive plans are designed to help give you more including a Medicare Part B premium reimbursement, **\$0** copays on covered medical services, national provider network, prescription drug coverage and Renew Active.®

1 You must remain a GEHA High/Standard FEHB Health Plan member in the FEHB program if you elect to enroll in the GEHA Medicare Advantage Plan. Plans are offered by GEHA and insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare. Benefits, features and/or devices vary by plan/area. Limitations and exclusions apply.

Have questions? Talk to a FedViser benefits expert Monday–Friday, 7 a.m.–7 p.m. Central time at <u>833.364.GEHA (4342)</u> for more information on the GEHA Standard or High medical plan.

Once you are enrolled in a GEHA Standard or High medical plan with Medicare Parts A & B primary, you qualify for the GEHA Medicare Advantage Plans. For additional information, visit **geha.com/MAPD** 

If you are not yet a member of the GEHA High or Standard plan, you'll need to enroll during Open Season with the Office of Personnel Management (OPM). Once your enrollment in the plan has been processed by OPM, you can call UnitedHealthcare to elect the GEHA Medicare Advantage Plan.



### Why choose a GEHA Medicare Advantage Plan?

| Benefit                                | Notes  |
|--|--|
| Part B premium subsidy                 | Receive <b>up to \$100</b> monthly for a Part B subsidy  |
| \$0 copays on covered medical services | <b>\$0</b> copays for all covered medical services, including preventive care, emergency room, durable medical equipment, routine podiatry, physical therapy and more. |
| Prescription drug coverage (Part D)    | No need for a separate Part D plan. Get prescription drug coverage with full coverage in the gap and low copays.   |
| Renew Active <sup>2</sup>              | UnitedHealthcare fitness program Renew Active® is the gold standard in Medicare fitness programs for body and mind, available at no additional cost.                   |

<sup>2</sup> Participation in the Renew Active® program is voluntary. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. The information provided through Renew Active is for informational purposes only and is not medical advice. Gym network may vary in local market.

### **Premiums**

The GEHA Medicare Advantage Plans come at **no additional premium.** Members must continue paying their GEHA High plan or GEHA Standard plan premiums.

# GEHA Medicare Advantage Plan medical benefits

|   | C.  | $\Diamond$                                       |
|---|---|--|
| Medical benefits  | GEHA Standard Medicare<br>Advantage Plan        | GEHA High Medicare<br>Advantage Plan             |
| Part B premium subsidy  | Receive a <b>\$75</b> monthly<br>Part B subsidy | Receive a <b>\$100</b> monthly<br>Part B subsidy |
| Annual medical deductible   | None  | None   |
| Annual out-of-pocket maximum  | None  | None   |
| Telehealth visit <sup>1</sup> Primary care physician office visit Specialist care office visit  | <b>\$0</b> copay                                | <b>\$0</b> copay                                 |
| Hospital services; inpatient and outpatient Ambulance services Emergency room visit Urgent care facility visit Durable medical equipment Prosthetics Diabetic supplies (test strips, lancets, glucose monitors) Preventive services | <b>\$0</b> copay                                | <b>\$0</b> copay                                 |
| Routine podiatry, up to 6 visits per year   | <b>\$0</b> copay                                | <b>\$0</b> copay                                 |
| Acupuncture, up to 50 visits per year   | <b>\$0</b> copay                                | <b>\$0</b> copay                                 |
| Chiropractic care, up to 20 visits per year   | <b>\$0</b> copay                                | \$0 copay  |
| Rehabilitation therapies (physical therapy, speech therapy, occupational therapy)   | <b>\$0</b> copay                                | <b>\$0</b> copay                                 |
| Hearing aid allowance, <b>\$2,500</b> <sup>2</sup>  | <b>\$0</b> copay <sup>3</sup>                   | <b>\$0</b> copay <sup>3</sup>                    |

 $<sup>1\ \</sup>text{Virtual visits may require video-enabled smartphone or other device}.\ Not\ for\ use\ in\ emergencies.\ Not\ all\ providers\ offer\ virtual\ care.$ 

<sup>2</sup> Allowance for unlimited hearing aids every 3 years. Allowance is combined for both ears.

<sup>3</sup> You must use a UnitedHealthcare hearing provider to utilize the hearing aid allowance

### GEHA Medicare Advantage Plan Dental benefits

| Deman benefits                        | T. Co                                    |                                      |
|---------------------------------------|--|--------------------------------------|
| Dental benefits                       | GEHA Standard Medicare<br>Advantage Plan | GEHA High Medicare<br>Advantage Plan |
| Class A Preventive & Diagnostic (P&D) | 100%                                     | 100%                                 |
| Class B Minor                         | 80%                                      | 80%                                  |
| Class C Major                         | 50%                                      | 50%                                  |
| Deductible (P&D not included)         | <b>\$50</b> copay                        | <b>\$50</b> copay                    |
| Annual calendar maximum               | \$1,000                                  | \$1,000                              |

### GEHA Medicare Advantage Plan Vision benefits

| VISION Denetits                             | [7]                                      |                                      |
|---|--|--------------------------------------|
| Vision benefits                             | GEHA Standard Medicare<br>Advantage Plan | GEHA High Medicare<br>Advantage Plan |
| Routine eye exam (one per year)             | \$0                                      | \$0                                  |
| Eyeglasses allowance                        | \$130 every 24 months                    | \$130 every 24 months                |
| Contact lens allowance (in lieu of glasses) | <b>\$175</b> every 24 months             | \$175 every 24 months                |

### GEHA Medicare Advantage Plan Prescription Benefits

| Tresempnon Benefits                                       | Ų,                                       |                                      |
|---|--|--------------------------------------|
| Prescription benefits                                     | GEHA Standard Medicare<br>Advantage Plan | GEHA High Medicare<br>Advantage Plan |
| 30-day retail generic                                     | \$8 copay                                | \$3 copay                            |
| 30-day retail preferred brand-name                        | <b>\$40</b> copay                        | <b>\$35</b> copay                    |
| 30-day retail non-preferred brand-name                    | <b>\$70</b> copay                        | <b>\$65</b> copay                    |
| 30-day specialty  | 33% / \$150 max                          | <b>15%</b> / <b>\$150</b> max        |
| 90-day mail service generic <sup>1</sup>                  | <b>\$16</b> copay                        | \$6 copay                            |
| 90-day mail service preferred brand-name <sup>1</sup>     | <b>\$80</b> copay                        | <b>\$70</b> copay                    |
| 90-day mail service non-preferred brand-name <sup>1</sup> | <b>\$140</b> copay                       | <b>\$130</b> copay                   |

<sup>1</sup> Optum Home Delivery is a service of Optum Rx, a home delivery pharmacy, pharmacy benefit manager and affiliate of UnitedHealthcare Insurance Company. You are not required to use Optum Rx for your maintenance medications. Other pharmacies are available in your network.

### Compare premiums

If you are a retired federal employee, you can sign up for a GEHA medical plan by completing OPM form 2809, available through the Office of Personnel Management at **opm.gov** 

| Self Only premium and enrollment code | Retired – monthly |
|---------------------------------------|-------------------|
| 254 Elevate and Medicare              | \$113.13          |
| 341 HDHP and Medicare                 | \$154.81          |
| 314 Standard and Medicare             | \$151.99          |
| 251 Elevate Plus and Medicare         | \$222.19          |
| 311 High and Medicare                 | \$235.41          |

These rates do not apply to all Enrollees. If you are in a special enrollment category, please refer to the FEHB Program website or contact the agency or Tribal Employer which maintains your health benefits enrollment.

| Self Plus One premium and enrollment code | Retired – monthly |
|---|-------------------|
| 256 Elevate and Medicare                  | \$272.93          |
| 343 HDHP and Medicare                     | \$332.84          |
| 316 Standard and Medicare                 | \$326.79          |
| 253 Elevate Plus and Medicare             | \$504.25          |
| 313 High and Medicare                     | \$540.95          |

These rates do not apply to all Enrollees. If you are in a special enrollment category, please refer to the FEHB Program website or contact the agency or Tribal Employer which maintains your health benefits enrollment.

| Self and Family premium and enrollment code | Retired – monthly |
|---|-------------------|
| 255 Elevate and Medicare                    | \$332.26          |
| 342 HDHP and Medicare                       | \$409.02          |
| 315 Standard and Medicare                   | \$403.76          |
| 252 Elevate Plus and Medicare               | \$548.34          |
| 312 High and Medicare                       | \$663.56          |

These rates do not apply to all Enrollees. If you are in a special enrollment category, please refer to the FEHB Program website or contact the agency or Tribal Employer which maintains your health benefits enrollment.

### Learn more with free e-books and videos

Learn more about your options with Medicare and GEHA at geha.com/Medicare

### Included benefits and discounts



### Unlimited **\$0** MDLIVE<sup>1</sup> telehealth visits

Get access to certified doctors, mental health therapists and dermatologists.

geha.com/MDLIVE



#### 24/7 Nurse Advice Line

Talk to a nurse 24/7.

888.257.4342



### Electric toothbrush discount<sup>2,3</sup>

Enjoy up to **70%** off a cariPRO<sup>®</sup> premium electric toothbrush.

geha.com/Toothbrush



## Medical alert system discount<sup>2</sup>

Get **free** activation on Life Alert<sup>®</sup> services, plus a **10%** monthly discount, for you and your extended family.

geha.com/LifeAlert



### Teeth whitening discounts<sup>2</sup>

Get a **20%** discount on the lowest published price on all Smile Brilliant<sup>®</sup> home teeth whitening and oral care products.

geha.com/Whitening



### **Nutritional counseling**

Covered at **100%** in-network for all plans. (Subject to deductible for HDHP.)

GEHA helps you manage chronic conditions such as Type 1 and Type 2 diabetes, weight management and high blood pressure with our internal Care Management teams serving as a resource for you and your lifestyle management.



### Gym membership discount<sup>2</sup>

Access 12,200+ Active&Fit Direct™ locations nationwide with GEHA's Connection Fitness® program.

geha.com/Fitness

<sup>1</sup> HDHP members who have met their deductible will be charged by MDLIVE, but GEHA will reimburse the member 100% of the Plan Allowance

<sup>2</sup> These benefits are neither offered nor guaranteed under contract with the FEHB Program but are made available to all enrollees who become members of a GEHA medical plan and their eligible family members.

<sup>3</sup> The cariPRO® premium toothbrush removes seven times more plaque than a regular brush, is completely waterproof and comes with a two-year manufacturer's warranty. Replacement brush heads with high-quality DuPont® bristles are also available at this exclusive, member-only price.



# Hearing aid benefits & discounts for GEHA plans

- All five GEHA plans offer access to TruHearing's discounted pricing.<sup>1</sup> Most people see savings of **30%** to **60%**, averaging more than **\$2,600** per pair.
- Three GEHA plans Standard, Elevate Plus and High offer a hearing aid benefit. This benefit is per person, every 36 months for adults. TruHearing<sup>®</sup> discount pricing can be combined with the hearing aid benefit for even greater savings.
- To learn more, visit geha.com/Hearing

| CV <sub>0</sub>    |                        |                |
|--------------------|------------------------|----------------|
|                    |                        |                |
| Standard GEHA pays | Elevate Plus GEHA pays | High GEHA pays |
| \$2,500            | \$1,500                | \$2,500        |

<sup>1</sup> These benefits are neither offered nor guaranteed under contract with the FEHB Program but are made available to all Enrollees who become members of a GEHA medical plan and their eligible family members.





### **Earn Health Rewards**







Empowering incentives that make it easier to live healthier



#### How it works

- Complete your first rewardable activity and receive your Health Rewards reloadable debit card in the mail automatically
- Redeem the rewards for qualified medical expenses such as copays<sup>1</sup>
- Complete rewardable activities to add funds to your Health Rewards reloadable debit card

#### Fast facts

#### WHO IS ELIGIBLE TO EARN REWARDS?

Two adult members per household (18+) can earn dollars on a Health Rewards card as you complete activities. You may qualify to earn up to **\$250** each (maximum **\$500** per household) per year. GEHA Medicare Advantage Plan enrollees are not eligible for Health Rewards.

#### WHAT IS A HEALTH REWARDS CARD?

Your Health Rewards card lets you pay for qualified expenses using funds from your Health Rewards account. HealthEquity will mail your rewards card about two weeks after GEHA receives notification that you've completed your first rewardable activity. As you continue completing rewardable activities, funds will be loaded onto your rewards card.

| Activities that earn you Health Rewards                              | Reward |
|--|--------|
| Health assessment  | \$75   |
| Cervical cancer screening <sup>1,2,3</sup> (females 21-65 years old) | \$50   |
| Colorectal cancer screening <sup>1,2,3</sup> (45-75 years old)       | \$50   |
| Breast cancer screening <sup>1,2,3</sup> (females 50-74 years old)   | \$50   |
| MDLIVE telehealth visit <sup>2</sup>                                 | \$50   |

<sup>1</sup> Restrictions may apply.

<sup>1</sup> HDHP members who are also enrolled in an HSA may only use their rewards for qualified dental and vision expenses until the yearly plan deductible is satisfied, then all eligible medical and pharmacy expenses qualify, too.

<sup>2</sup> Rewards distributed approximately 3 weeks after claim is received from provider.

<sup>3 \$0</sup> out-of-pocket for care coded as preventive with in-network providers.

# Contact a FedViser benefits expert

Your benefits. Your adviser. Your advocate.



#### Call us

Talk to a FedViser benefits expert Monday–Friday, 7 a.m.–7 p.m. Central time.

833.362.GEHA (4342)



### **Chat online**

Chat or text with a FedViser benefits expert in real time Monday–Friday, 7 a.m.–7 p.m. Central time.

geha.com



#### Meet one-on-one

A FedViser benefits expert will help answer your questions.

geha.com/Connect

### Ready to enroll?

If you are a retired federal employee, you can sign up for a GEHA medical plan by completing OPM form 2809, available through the Office of Personnel Management.

geha.com/Enroll



### Helpful resources

### **OPM Open Season online system**

retireefehb.opm.gov/Annuitant

### **OPM Open Season express**

800.332.9798

## Explore how GEHA medical plans work with Medicare

geha.com/Medicare

## Search our extensive nationwide network

Find a provider or an urgent care clinic near you. **geha.com/Find-Care** 

### Plan recommender tool

Answer a few questions to see a plan that matches your individual or family needs. **geha.com/Select-A-Plan** 

### **Verify drug costs**

Evaluate based on your benefit plan and prescription dosage.

geha.com/Prescriptions

### Coverage outside the U.S.

You're covered when you're outside of the United States.

geha.com/OutsideUSA

### **GEHA.** Your friend in federal.

### **Experience the difference of GEHA**

Only available to eligible federal employees, retirees and their families.

### Get help choosing the right plan for your needs

Happy with your current GEHA medical plan? You don't need to do anything during Open Season — your GEHA medical plan will automatically renew for 2024 with your current plan.

Meet with a FedViser benefits expert to explore your choices. Schedule today at geha.com/Connect



Live chat at geha.com



Call 833.362.GEHA (4342)



Visit geha.com/Select-A-Plan

### **Elect** a GEHA Medicare Advantage Plan today

Once you enroll in a GEHA Standard or High medical plan with Medicare Parts A & B primary, you qualify for the GEHA Medicare Advantage Plans.

Tall a FedViser benefits expert at 833.362.GEHA (4342), 7:00 a.m.–7:00 p.m. Central time Monday through Friday.

**Visit** geha.com/MAPD to learn more about the GEHA Medicare Advantage Plans.



This is a brief description of the features of Government Employees Health Association, Inc.'s medical plans. Before making a final decision, please read the GEHA Federal brochures which are available at <u>geha.com/PlanBrochure</u>. All benefits are subject to the definitions, limitations and exclusions set forth in the Federal brochures.

Download the plan brochure

For information and changes to GEHA's medical plans, see our three plan brochures – RI 71-006 (High and Standard), RI 71-014 (HDHP) and RI 71-018 (Elevate and Elevate Plus) – which are available at <u>geha.com/PlanBrochure</u>

Notice of Summary of Benefits and Coverage (SBC): Availability of Summary Health Information: The Federal Employees Health Benefit (FEHB) program offers numerous health benefits plans and coverage options. Choosing a health plan and coverage option is an important decision. To help you make an informed choice, each FEHB plan makes available a Summary of Benefits and Coverage (SBC) about each of its health coverage options, online and in paper. The SBC summarizes important information in a standard format to help you compare plans and options. GEHA's SBCs are available on the internet at <a href="mailto:geha.com/SBC">geha.com/SBC</a>. Paper copies are also available, free of charge, by calling <a href="mailto:800.821.6136">800.821.6136</a>

 $To find out more information about plans available under the FEHB program, including SBCs for other FEHB plans, please visit \underline{\textit{opm.gov/Insure}}$ 

geha.com | 833.362.GEHA (4342)











